

# Torbay School Nursing Team

**0 to 19**  
**TORBAY**  
for you

**Stop**

**Talk**

**Refer**

Are you looking for advice, want to discuss a child or young person's health needs, or need some helpful signposting?

Call our Advice Line on a Thursday and talk to one of our school nurses

Our School Nurses and Support Workers can provide advice, support and signposting to support the health and wellbeing of children, young people and their families on

- ⦿ Sleep
- ⦿ Behaviour
- ⦿ Toileting, day & night-time wetting
- ⦿ Promoting good oral health
- ⦿ Healthy weight and nutrition
- ⦿ Child development
- ⦿ SEND
- ⦿ Allergies
- ⦿ Sexual health, relationships and contraception
- ⦿ Emotional health
- ⦿ General health advice
- ⦿ School health entry screening
- ⦿ National child measurement programme

For more information, contact us by phone or email

Call **0300 333 5352**

Monday - Friday 9am to 5pm



publichealthnursing.torbay@nhs.net



0to19Torbay.co.uk

Scan the QR code with your phone camera to refer to 0 to 19 Torbay



**NHS**  
Torbay and South Devon  
NHS Foundation Trust

The  
Children's  
Society

**TORBAY**  
COUNCIL

0 to 19 Torbay supports the health, development and wellbeing of children, young people and families in Torbay