



Allergen Matrix

Furzeham Spring Menu 25



	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
Cheese and Potato Pie, Roast Potatoes, Seasonal Vegetables and Gravy			?		✓ <i>Wheat (Barley*, Oats*)</i>		✓		✓				✓	?
Courgette and Sweetcorn Fritters, Chips Peas & Beans			✓		✓ <i>Wheat</i>		✓							?
Fruit Trifle							✓							
Iced Bun			✓		✓ <i>Wheat</i>		✓							?
J - Tomato, Basil & Cheese Pasta Bake & Carrots					✓ <i>Wheat</i>		✓		✓				✓	?
J - Banana Marble Cake			✓		✓ <i>Wheat</i>									?
J - Beef Bolognese, Pasta, Garlic Focaccia & Peas					✓ <i>Wheat</i>				✓				✓	?
J - Beef Lasagne, Focaccia & Peas			?		✓ <i>Wheat</i>		✓		✓				✓	?
J - Beef Tacos & Vegetable Rice					✓ <i>Wheat</i>		✓		?				✓	



Celery



Crustaceans



Eggs



Fish



Gluten



Lupin



Milk



Molluscs



Mustard



Nuts



Peanuts



Sesame



SO2



Soya

J - Breaded Chicken, Wedges & Sweetcorn			✓		✓ Wheat									?
J - Breaded Fish, Chips & Peas				✓				✓						
J - Breaded Halloumi Straws, Wedges & Sweetcorn			✓		✓ Wheat		✓							?
J - Brunch												✓		
J - Carrot & Courgette Chocolate Brownie					✓ Wheat									?
J - Cheese Baguette & Salad Sticks			?		✓ Wheat		✓					?		
J - Chicken Biryani, Naan & Broccoli					✓ Wheat			✓					✓	
J - Chicken Bites, Chips & Beans					✓ Wheat									
J - Chicken Korma Curry, Naan Bread, Rice & Sweetcorn					✓ Wheat			✓					✓	
J - Chipolata Sausages, Mash, Carrots, Broccoli & Gravy													✓	
J - Chocolate Cookie					✓ Oats, Wheat (Barley*, Rye*)									?



Celery



Crustaceans



Eggs



Fish



Gluten



Lupin



Milk



Molluscs



Mustard



Nuts



Peanuts



Sesame



SO2



Soya

J - Chocolate Drizzle Shortbread					✓ Wheat (Barley*)		✓							✓
J - Chocolate Muffin			✓		✓ Wheat									?
J - Coconut Cookie					✓ Oats, Wheat (Barley*, Rye*)							✓		?
J - Custard Cookie			?		✓ Wheat		✓							?
J - Fish Fingers, Chips & Peas				✓	✓ Wheat									
J - Fruit Yoghurt							✓							
J - Fruity Flapjack					✓ Oats (Barley*, Rye*, Wheat*)									
J - Ham Baguette & Salad Sticks			?		✓ Wheat							?		
J - Jacket Potato & Cheese							✓							
J - Jacket Potato with beans														



Celery



Crustaceans



Eggs



Fish



Gluten



Lupin



Milk



Molluscs



Mustard



Nuts



Peanuts



Sesame



SO2



Soya

J - Jacket Potato, Beans & Salad														
J - Jacket Potato, Cheese & Beans							✓							
J - Jacket Potato, Cheese & Salad							✓							
J - Jacket Potato, Tuna Mayo			✓	✓					✓					
J - Jelly & Fruit														
J - Lemon Cookie					✓ Oats, Wheat (Barley*, Rye*)									?
J - Lemon Drizzle Cake & Custard			✓		✓ Wheat		✓						✓	?
J - Macaroni Cheese with Garlic Bread and Salad					✓ Wheat		✓		✓				✓	✓
J - Margherita Pizza & Wedges					✓ Wheat		✓							?
J - Milk							✓							



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Molluscs



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Nuts



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Sesame



SO2



Soya

J - Oaty Cookie					 Oats, Wheat (Barley*, Rye*)									
J - Orange Cookie					 Oats, Wheat (Barley*, Rye*)									
J - Pepperoni Pizza, Wedges & Beans					 Wheat									
J - Quorn Sausage, Mash, Carrots, Peas And Gravy					 Wheat									
J - Raspberry Shortbread					 Wheat									
J - Roast Chicken, Potatoes, Carrots, Cabbage And Gravy														
J - Roast Gammon, Potatoes, Vegetables & Gravy														
J - Roast Pork, Roast Potatoes, Gravy, Carrots & Cabbage														
J - Roasted Vegetable Lasagne, Garlic Focaccia & Sweetcorn					 Wheat									
J - Roasted Vegetable Quiche, Roast Potatoes, Carrots & Cabbage					 Wheat									

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J - Salmon Fingers, Chips & Peas				✓	✓ Wheat									
J - Tuna Mayo Baguette & Salad Sticks			✓	✓	✓ Wheat				✓			?		
J - Vegetable Fajita, Chips & Beans					✓ Wheat		✓		?					
J - Vegetable Nuggets, Chips & Beans					✓ Wheat									
J - Vegetable Wellington, Roast Potatoes, Vegetables & Gravy					✓ Wheat								✓	
J - Vegetarian Bolognaise, Penne Pasta, Focaccia And Peas					✓ Wheat				✓				✓	✓
J - Vegetarian Brunch					✓ Wheat									
Peaches & Ice Cream							✓							?
Vegetable Taco, Rice & sweetcorn					✓ Wheat				?				✓	